

Crystalline Chakra Journey

*The Free Training Series to amplify, expand,
enhance and take your intuition to the next level.*

Third Eye Chakra Consciousness

**JOIN US, FOR A NINE WEEK JOURNEY OF
AWAKENING & ACTIVATING YOUR CRYSTALLINE
INHERENT TRUE NATURE**

by Hannah Andrews



Reality Awareness™

Awakening the Consciousness of Humanity

Dedication

To all of the Beings on this planet, having this Human experience, I see you, I feel you, I am here for you. May you always remember your Human self and your Spiritual self both in existence at the same time, may you always remember who you really are and embrace every experience you have, for that, is what you came here for after all, to experience.

With gentleness, Hannah.
The Life Purpose Queen



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About Me

Welcome Beautiful Soul!

My name is Hannah and I am an Intuitive Healer and Life Purpose Mentor.

I have been working as a Healer, guide, teacher and more for many, many lifetimes. My gifts are strong, deep, very connected and run back a very long way, back through to Ancient times, when practises of magic, mysticism and Earth based spiritual practises were real, very active and accepted on this planet.

These gifts, live in my blood, they are in my DNA and it is here that I activate my awakening again this lifetime, to serve again, to the highest level of evolution to help humanity awaken back to their true nature.



Crystalline Chakra Activations

Do you have my Crystalline Chakra Activations?

It is a pack of 9 activations - one for each of the Chakra's that we work through over our Crystalline Chakra 9 week Journey.

You can work with the Crown Chakra Activation on the Crown Chakra Week, The Third Eye Chakra Activation on the Third Eye Chakra Week and so forth.

You may listen to it daily for each of the days we are on that Chakra for that particular week, or you may just listen to it once or a few times that week - which ever intuitively calls you.

- 9 Activations (Meditations), to activate your true Crystalline Nature
- Exclusive Video Trainings for the Crystalline Chakra Activations
- Download each Crystalline Chakra Mp3 Activation and add it to your meditation playlist
- BONUS Advanced Psychic Development Tools

[Click here](#) for the Crystalline Chakra Activations if you don't already have them.



#1: Third Eye Chakra - Clairvoyance

This post channeled through talking about MEDIUMSHIP - straight into it for Third Eye Week

Your Third Eye - Your Clairvoyance

The place where you SEE THE TRUTH OF THE SITUATION

You see the reality of what is going on. You see the dynamics of what is going on. You see the energy dynamics of what is going on underneath the surface. You pick up the energy threads and can see them entangled and entwined, or crystal clear as day.

Now - when I talk about this here - for example, when I 'see' it isn't like a see ghost like strings everywhere in front of me - it is more that I 'see' 'sense' the energy with my internal eye - but it is out there that I see it. Bit tricky to describe!

AND - I 'see it' but then get a 'knowing' about it at the same time, meaning my spiritual organs 'back each other up' if you may, to confirm the messages I am receiving...

Seeing with your Third Eye doesn't mean just seeing ghosts - although some people see them like this!

The thing with delving into Mediumship, that I teach about in my Trust Your Intuition Course, simply because, when you open up your Psychic Awareness - talking to spirits is a no brainer - because they are in the Spirit world!

Mediumship is deeply connected to your Third Eye!

However, not all Spirits aren't what they seem, hence, me always harping on about asking Archangel Michael of 100% Light to be the mediator and asking for the pure light/help to make sure the messages are clear and true.

We drop deep into Relationship Dynamics at the Third Eye - and just because someone has passed over - doesn't mean the relationship dynamic has changed! It is still the same - and this is where knowing, healing and consistently working with your own inner family dynamics is key - to having clear intuition and being able to translate the messages from the other side around what is going on.

Most spirits/souls, don't pass over if there is grief from a member/members on the living side, that haven't fully felt the grief yet - (that's a lot of souls right?!)



#1: Third Eye Chakra - Clairvoyance

Other reasons they don't go/leave, is due to unfinished business, karmic ties not being complete and so much more, the list is really quite endless. Hence where your intuition comes in to guide this.

Souls come back/stay around to help members of their family/friends when they need it most. There is always healing both ways and important to ask what the messages and healings are.

Most Souls don't appear 'out of the blue' - they will usually show up in ways that are not scary to their loved ones or you - as they don't want to scare us! They know us and see our Soul so to speak...

They will leave signs and if you ever doubt, you can ask for clear messages, that they leave signs that you consciously understand that it is them. You can always talk to them, even if you feel you are not receiving any messages, they are deeply listening and right there. If you have this deep connection, you might find that people 'randomly' start talking to you about their loved one that has passed over or these people might 'find you' out of the blue - this is usually their late loved one, directly guiding them to you, so that you can confirm/share the messages they have been trying to tell them.

I always ask first - 'I am receiving this message, I am wondering if you would like to hear it?' You will know it is spot on, when/if the person starts crying... and this is deeply healing.. just be with them in this space, it is healing more than you realise.

You are the channel. You are the Medium.

The question is, do you trust your gift?

There is A LOT I could share on Mediumship itself! Hence having an entire training on it in Trust Your Intuition Course plus the Advanced Third Eye Chakra Consciousness Course and amazing, that this is the first thing that came through for our Third Eye Chakra - Clairvoyance Week.



Write or draw any revelations, aha moments or messages that you received from #1 to ground into reality your new sense of awareness:



2: Third Eye Chakra - Clairvoyance

DREAMS, DREAM INTERPRETATION & ASTRAL TRAVEL

Here at the Third Eye - Dreams and Astral Travel, are deeply connected to your Third Eye.

What if you don't have dreams, or don't remember your dreams when you wake up?

~ You can ask to remember your dreams before you sleep at night

~ You can ask to consciously understand your dreams when you wake up (important for interpretation!)

~ Have/commit to good sleep patterns to support healthy sleep functions

I remember when I first spiritually awakened and I started learning about dreams. Well, I was having MANY dreams, and I remember waking up every morning and writing and writing and writing, I had so many dream journals full. I wrote them all down - but here is the key, back then I RARELY knew what they meant! Yet, I look back on that time and that was a solid 18 months of writing my dreams down every morning when I woke, I remember that time frame, because it was the time I lived in Brisbane and see that space where I lived on my own and grew spiritually in a big way, working in the city in the Menswear store (selling the likes of Hugo Boss suits and more, yes, my taste for fine things, has always been there), catching the bus every morning to the city and home again at night, listening to the likes of Eckhart Tolle Audio books and Holysync and Louise Hay Affirmations and more, majority of the time. This was also the time I was attending Ashtanga Yoga religiously 3 nights a week in the city before I caught the bus home... ah, my life story book is wanting to come out of me, can you tell

Back to the Third Eye & Dreams -

So, even if you are not sure what your dreams mean exactly, there is power - great power in writing them down! You are training yourself, more than you realise doing this. Your dream muscle in your Clairvoyant Third Eye, becomes VERY strong doing this. I don't write my dreams down anymore, but I am very clear of their messages as soon as I wake (must've been all that training of that muscle), and on the rare occasion I am not sure, I ask for more information/clarity about what it means and the answers come through right away.

Sometimes I don't remember my dreams, but I know I dreamt and I trust that they will come back to me during the day and they do and when I sense them coming through I pause a moment, close my eyes and ask what they are wanting me to know/show me and I pay attention to the messages I receive.



2: Third Eye Chakra - Clairvoyance

The key with Dreams Interpretation is: How you FEEL in the dream.

Were you feeling fearful? Joy? Confusion? Hurt? Elation? Sexual dreams?

This gives a lot of clues more than what the actual images were when we are talking Dream Interpretation. If there is a lot of people talking about nightmares and you're experiencing it yourself - there are a few things I would check here:

~ what is going on, in the collective, are there other people feeling it, is there energetic/global/weather/astrological shifts?

~ is there some 'negative' situations/relationships in your life that you are needing to take action on, ie, what is out of alignment that you are not tending to?

~ is there Shadow work/integration that you need to do?

The other part about 'Dreams' for Third Eye - is literally your Life Purpose Dreams - what do you 'daydream' about? What did you want to do when you were a kid? What do you wish you were doing with your time when you're not at work? What are you doing in your spare time? What are you interested in? What brings your Heart alive?

These are all clues and Clairvoyant messages on receiving your intuition via your Third Eye - those daydreams - are important messages! Are you noticing them??

It is here we step into Astral Travel. I deeply share in Awaken Your Psychic Senses, that you don't need to leave your body to 'go somewhere and Astral Travel' and I am deeply passionate about this - because if you are not in your body - then who is??

You don't need to Astral Travel to receive intuitive information - you are already receiving it and you are already tapped into other realities, dimensions and places on the Earth without 'leaving your body' and going there. Again, I delve into the depths of this and 'how' to do this in Awaken Your Psychic Senses.

Astral Travelling, is just a way to receive your intuition, and you can train yourself to receive information without leaving your body, which is more time and energy efficient and enables us to keep functioning in our human body on Earth - which is precisely what you want to birth your Life Purpose! However, you can still 'travel' without leaving your body too - and that is an entire training in itself...



2: *Third Eye Chakra - Clairvoyance*

What dreams are coming to you?

Your day dreams, your night time dreams and your Heart/Life Purpose calling dreams?

Another awesome question to ask yourself is, if money wasn't an issue - what would you be doing with your time?



Write or draw any revelations, aha moments or messages that you received from #2 to ground into reality your new sense of awareness:



3: Third Eye Chakra - Clairvoyance

SEEING THE TRUTH IN RELATIONSHIPS

If there was 1 word to describe the Third Eye Chakra - I would say Relationships!!! But then I would also say: TRUTH. So - technically there are TWO words that ultimately describe the Third Eye - TRUTH & RELATIONSHIPS!

We are in relationship with EVERYTHING! We have a relationship with ourselves, a relationship with our kids, a relationship with our partner, a relationship with our family, a relationship with our work, a relationship with our emotions, a relationship with our phone, a relationship with our car, a relationship with the garden, a relationship with the Sunlight and outdoors. A relationship with our Soul.

We are CONSTANTLY relating - we are never not in relationship! With Anything! Imagine being super conscious of all the things you are relating to on a daily basis!

IMAGINE - If you catch yourself - with how you talk to yourself, talk to - what you are relating to.. So it is like, you are: You - and then the relationship you have with the thing...

You - and the relationship you have with the thing... and then the relationship you have with the relationship of the thing you are relating to - does that make sense? So straight away - there is 3 parts to that relationship - do you see that? And then I ask you - how deep do you want to go with those threads? You can go pretty deep right? Down the rabbit hole even! Hence, knowing what parts to tend to, and what parts to just leave, to know which ones are calling you to heal in that moment and that is where trusting your intuition comes in.

This is called the relationship dynamics and when you use this powerful tool in your intuition - you exponentially expand your intuition ten-fold. Why? Because we are relating to everything remember! How do you 'see' them? You may just know them. You may see them. You may hear them. You may feel them. The point is - trust your intuition about what you receive!! Now - let's talk about TRUTH for a moment.... Truth - whose TRUTH exactly?? This is where arguments ensue... TRUTH - there is THE authentic truth - which ALWAYS surfaces... The one you feel from deep in the subconscious of people.. the one you feel 'when something is off' but you can't put your finger on it.

Then there is: Letting everyone have their own TRUTH. Why? Because ultimately... Who really knows what the REAL TRUTH is...



3: Third Eye Chakra - Clairvoyance

Because - everyone is at the consciousness level they are at... and everything?

IS IN DIVINE AND PERFECT ORDER!!! KEY here - is that: When you honour someone's TRUTH - what you are REALLY doing?

Is 1. LISTENING to them, which Ears, are under the Third Eye (see how the Chakra connection to each one is deeply important and to activate/heal them all is a walking transformer in action?!

2. Is validating their HEARTS true feelings and THAT?

That is when people start paying attention and listening to you... That is when.. they feel like no one on the planet ever has EVER got them before... And that?? Is when the true Healer in you comes out to play, because that is what you are, isn't it?

A Healer.

Or you wouldn't be here. Healers don't heal you. They provide space for healing to occur. The most powerful Healer on the planet? (besides sleep?)

Is someone listening to you.

Truly. Listening to you.

Connection. Being heard.

That's all anyone wants. For their truth to be validated. Because once that is heard and comes up and out... divine intuition flows through and that is the deep truth.

Connection to ones own intuition.



Write or draw any revelations, aha moments or messages that you received from #3 to ground into reality your new sense of awareness:



#4: Third Eye Chakra - Clairvoyance

SEEING THE BIG PICTURE

I personally find one of the most amazing gifts of the Third Eye, your Clairvoyance, is to be able to see the Big Picture of any situation in any moment in time. It is like an 'instant big picture' point of view. It is like you instantly become an Eagle and you have that bird's eye perspective, with razor sharp vision that can pin point the tiny mouse way down amongst the bushes below, through all the twigs and branches.

This is a-likened to you being able to see the issue right away, amongst all the words, amongst all the emotions, amongst all the threads of everything coming into play at once and you are able to instantly 'see' what is really going on, see the core if you may, and then see all the twigs and branches (emotions and threads) that back track to the 'outside' perspective of what you are hearing/seeing from a person about a situation.

Another way of 'seeing' this big picture and all the threads, emotions, people and more that come into play with a situation that is going on for you or someone else about something, is to view it like a spiderweb. They are in the middle and then you see the web around them.

You can see clearly 'who' is in the web, what is going on, who and what is at play, what threads from other people are coming into the person, who is their own stuff/emotion and who is someone else's stuff/emotions and more in the situation they are going through. Just because... you 'see' everything about a person and situation - doesn't mean you need to point it out to them or engage with them about it.

Most people don't want to know.

But, you will also know the ones who do want to know.

And then it also comes into putting boundaries in place with how much and who you help and when.

SEEING THE BIG PICTURE also comes into play in not only your Clairvoyant Intuition of a situation about a person or thing, or your own life issue that is going on, but also, of how you structure your time and care for yourself.

You can 'look ahead in your week' and structure the web of your life with making sure that in everyday, is time for yourself, others, work, priorities and more.



#4: Third Eye Chakra - Clairvoyance

When you look ahead in your week and have a visual of what is going on - you feel supported and have a routine that enables you to honour your boundaries around your time, energy and resources. Whilst every Chakra has a divine balance of masculine and feminine energy, your Third Eye, is predominantly Masculine - and is deeply connected to Lapis Lazuli - which is Realisation of the Truth.

If you have been facing some hard truths this week, welcome to the power of Lapis Lazuli and the awakening of your Clairvoyance!

Have you been using the Crystalline Third Eye Chakra Activation daily this week? (It's in Crystalline Chakra Activations).

If we are not wanting to 'see' something in our life, or face the reality we are being shown through Lapis Lazuli's Masculine 'cutting through to the truth' energy - we may experience physically symptoms of blurry vision, eye problems, memory loss or not dream in our sleep, as our Third Eye is deeply connected to our Pituitary Gland. Our Pituitary Gland is a key player in hormone and adrenal function - so you if you are feeling that the 'truth hits hard' you will feel that your body will be exhausted and worn out.

How do we support ourselves with the hard hitting truths?

We follow the realisations of Lapis Lazuli and the Third Eye Chakra - of seeing the truth and the big picture at play and put systems, structures and more in place. This? Is deeply Masculine.

As we draw closer to Ear Chakra Week, our Clairaudience, this is deeply about putting things into action, as our Ears are deeply connected to our Base Chakra - the most physical place of any of the Chakras.

What truths have you been shown this week of the Big Picture at play? What webs have you been playing into? Do they need cutting? Does the truth cut deep with them regardless of you cutting the ties or not? What truths do you not want to see? What systems and support do you need to call upon and put into place to support your realisations coming to fruition? (Ears, grounding it into physical reality)



Write or draw any revelations, aha moments or messages that you received from #4 to ground into reality your new sense of awareness:



#5: Third Eye Chakra - Clairvoyance

YOU CHOOSE YOUR BIGGER PICTURE

I used to get sooooo pissed off when I would hear that I had choice in things that I felt greatly stuck in, in my life!!! Sooo pissed!! "Oh, you have no idea what my life is like, how dare you say such!!" I would be seething underneath when they would say such and my life would be so hard and theirs seemed so easy! Yet, is only now, after years of doing this sort of work - I am understanding what they mean!! Yes! Of course I have a choice! Doesn't mean it wasn't hard work in the start to WANT TO choose it over, and over again - even if that meant moment by moment! And in the start of changing your life? Usually you HAVE to make a choice moment by moment, over and over again! "No one said it was going to be easy, but worth it? #priceless" So, how do you CHOOSE your bigger picture? You know how you are are confused about your relationships? That - now you are seeing the truth about them, seeing the reality - you are questioning what is right for you? Because, maybe before you were turning a blind eye to it? I want to share this here - because this is a HUGE factor in seeing the truth in the relationship that you are in! Choosing your bigger picture?? Is that you indeed have a choice!

A choice to:

1. Keep seeing the problem and focusing on that and how wrong it is

OR

2. CHOOSE to find the TRUTH of the situation #solutionfocused

Now - number 2 ALWAYS means, that you look under the surface stuff that has triggered you into seeing what is wrong in the situation. #digdeeper

Clients that come to me when they are wondering to stay or leave their relationship - I am ALWAYS saying, do this process (what I share with them, with my tools and more) for MINIMUM 30 days. Why 30 Days? Because ANY inner work done for MINIMUM 30 days will shift you - hugely! And then? THEN after 30 days of the deep inner work, usually 2 things happens:

1. You see the truth of the situation (that it wasn't about the surface stuff!)
2. You can choose CLEARLY whether to stay or go and that doesn't even come into questioning at that time, you just know, and know usually well before 30 Days!



#5: Third Eye Chakra - Clairvoyance

When you are questioning your relationship - ask YOURSELF:

Have I done my own inner deep work about this situation?

Or am I focusing on THEM and what is wrong with them, and how they are doing this and that - have you looked at yourself?

Like DEEPLY within yourself?

You can grow CONSIDERABLY with a relationship and also without a relationship.

Yet, when you are doubting and questioning your relationship IN relationship - most of the time?

You haven't done your own inner work.

So if you ever get into this space, YOU NEED TO CHOOSE THE BIGGER PICTURE.

What is the choosing the bigger picture??

Doing YOUR inner work. Take the focus of them. This isn't about them. This is about you!

CHOOSING the bigger picture - is seeing ALL the threads that are at play here. Them? Is just one part of it - what about YOU? Even though - CHOOSING the bigger picture CAN be painful - do you know why? Because you have to look at yourself. You have to take responsibility for yourself and maybe SEE that you are not:

- ~ Taking care of yourself
- ~ Taking responsibility for your thoughts, feelings, actions
- ~ Listening to your intuition

And that? OUCH that IS painful! The pain and abandonment we feel in relationship to our partner is actually the abandonment we are feeling for/from ourselves!!



#5: Third Eye Chakra - Clairvoyance

When you CHOOSE the bigger picture this means taking care of yourself and doing your own inner work FIRST! Take the focus OFF them. 3 Days MINIMUM of extreme self care, 30 Days of INTENSE inner work - sound a lot?

Well, 30 days ain't much at all, when you consider breaking up with them and then wishing you never broke up with them right?!

YOU CHOOSE YOUR BIGGER PICTURE. What happens when you do this?

Do you know what you also get to CHOOSE?

YOUR HIGHEST MOST AMAZING RELATIONSHIP EVER POSSIBLE!!!! And that's = what you are wanting after all right?

So... do you have that - with YOURSELF??

Because Seeing the Truth in Relationships??

IT ALL STARTS WITH THE RELATIONSHIP YOU HAVE WITH YOURSELF. So, what is the relationship like - with yourself?

How do you treat yourself?

How you speak to yourself?

How do you, care for yourself?

How do you, love yourself?

You can - choose the most amazing relationship with yourself - do you? Over and over again? Even when it seems hard? Even when you don't want to?

Do you... choose you - over and over again? If you don't - who will? And we know... what the Universe reflects back to us hey?

Are you ready - to choose the highest relationship possible - with YOURSELF?



Write or draw any revelations, aha moments or messages that you received from #5 to ground into reality your new sense of awareness:

